

Smart



About Kellie

Kellie Bollmann, 37, was stuck in a rut, wearing jeans and trackouts day in, day out. She has recently recovered from a long illness which saw her struggle with low energy. "I have been anaemic for years and just didn't care how I looked," she says. "Now I'm feeling a lot healthier and ready for a new look."

What to wear

Chata Romano helps Kellie Bollmann transform her look from drab to glam.

Chata wanted to give Kellie a completely new look, and although Kellie was nervous, she quickly embraced the stunning new hair colour. "Sometimes you need to make a change in order to change your mindset," explains Chata. Kellie was concerned that she rarely gets to shop for the latest trends, so Chata showed her how she could wear basics and update them with fashionable items. "I feel like I have just come out of hibernation," says Kellie. "Thank you for making me feel alive again. I felt like a real model for the day."

Brown is a good basic colour and coordinates with both warm and cool colours. Monica halter top, \$179.95; Equip earrings, \$12.99; Target necklace, \$12.99.

If you have short arms, wear just a few bracelets (the more bracelets, the shorter your arms appear). Moss bracelet, \$129.

Wide-leg pants are in this season – avoid if you have very short legs. Madame Marie pants, \$399.

Want a makeover?

To apply for a makeover for yourself, visit www.notebookmagazine.com.

Diana Ferrari jewelled slides, \$99.95.

Evening

If you have beautiful shoulders, show them. An empire cut is fantastic for most body shapes, but not for the short-waisted. **Cl: lace dress, \$265.**

Small bags complement delicate dresses. **Equip bag, \$29.99.**

A shoe-shaped heel looks sexy. **Zo sandals, \$120.**



Casual

A classic white shirt and jeans is a must-have outfit. The shirt's rolled cuff is a great look, but avoid if you have very short arms as it will make them look even shorter. **Equip shirt, \$29.95. Equip earrings, \$12.99.**

Update this classic look with fashionable accessories. **Nolita jewelled belt, \$568. Portmans ring, \$12.95.**

Jeans with a graduated colour (light at the top to dark at the bottom) will make your legs look longer. **7 For All Mankind jeans, \$299.**

Dress it up or dress it down: the sandals from the 'Smart' outfit can be paired with jeans for a stylish look. **Diana Ferrar jewelled slides, \$99.95.**



Soft, neutral make-up tones work best for a fair skin tone. Don't be tempted to use a foundation shade darker than your skin tone because you want to disguise your paleness or try to look more 'healthy'. It will simply look mask-like and unnatural against your neck. For Kalle, we used warm, natural brown colours on the eyelids to complement her red hair, and a lip stain to make her lips look fuller.



Kalle looks absolutely gorgeous as a redhead! Her skin appears radiant and healthy. Red hair looks stunning against fair skin tones. Avoid red tones if you have a red ruddy, blotchy tone to your skin. We gave Kalle a sweeping fringe and shoulder-length cut with texturing in the layers for a youthful look.



Your personal colour chart

The Chata Romano Colour Chart is a personal hair, make-up and clothing chart. The chart includes: your 16 best hair colours, correct make-up colours (such as foundation and lipstick), 60 clothing colours, and jewellery colours. It's designed to fit into your handbag, so you can consult it when you shop. For more information, visit www.chataromano.com.



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- **When:** Please view our website
- **Cost:** \$1000 (includes consultation fee valued at \$500, comprehensive training manual, fabric swatches, full set of business and marketing templates, GST)

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CHATA'S LATEST BOOK!



Chata's fourth book, **Change your Image, Change your Life**, is a 224-page personal makeover guide that offers proven advice on colour, hair and makeup, style and wardrobe management.

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