

Evening



About Michelle

Michelle Borg, 39, leads a busy, active life, and wants to learn how to dress for her body shape. "I am short-waisted and find it hard to coordinate clothes so they don't make me look frumpy," she says. "And as I'm approaching the big 4-0, I'm also looking for a sexier look."



The wide, ruched straps make Michelle's narrow shoulders look wider, while her low bust gets an instant lift with the empire-line style. Martini dress, \$189.95; Diva earrings, \$8.95.

Exposed skin on the foot visually lengthens and slims the legs. Sachi shoes, \$199.95.

What to wear

Makeover expert Chata Romano shows Sydneysider Michelle Borg how to look fabulous at 40.

Michelle has some great assets, including well-proportioned neck and arms, a small waist, shapely legs and tapered ankles. But like anyone, she also has a number of areas that can be enhanced with clever use of make-up and clothing; these include narrow shoulders, curvy hips and a long face. Chata's colour system is divided into four skin tones: Soft (pale), Medium (golden), Deep (light dark) and Rich (dark). Michelle is a Medium, so her best colours are clear and bright, such as emerald green, warm orange and fuchsia pink. She should avoid wearing dull colours, including moss green and dark plum, as they make her look tired and emphasise dark shadows under her eyes.

Want a makeover?

For more about this makeover and how to apply for one yourself, visit www.notebookmagazine.com.

Weekend



The deep V-neckline and longer length of this top camouflages Michelle's short waist and wide hips. Seduce halter top, \$129.90; Equip necklace, \$29.95; Jacqui E red necklace, \$14.99.

Correctly fitted jeans lift a low bottom. Country Road jeans, \$139.

To emphasise shapely legs, avoid square-front shoes. These tapered-front shoes are more flattering. Zoe Wittner shoes, \$139.95.

Hair and beauty

We trimmed Michelle's hair to suit her long face, and added layers for body. A warm chocolate brown colour brings out her natural glow. For make-up, we emphasised her lovely cheekbones and widened her eyes by shading the outer corners and highlighting the inner eyelids. People with strong jaws should be careful with bold lipstick colours, so we were careful to choose exactly the right shade of red.

Office



Small earrings shorten a long face, while the soft pink shirt complements the grey suit. Diva earrings, \$8.95; Herringbone shirt, \$189.

Pinstripes lengthen the look of a short waist, while the pencil skirt is slimming; knee-length is perfect for Michelle's shapely legs. Herringbone Diva pinstripe jacket, \$675, and pencil skirt, \$249.

Choose classic accessories for a classic suit. Wittner shoes, \$129.95.

Need a new look?

Change your Image, Change your Life by Chata Romano offers women proven advice on colour, hair and make-up, style and wardrobe management. This inspirational book will help you achieve your best image for your lifestyle. It includes more than 450 photographs and incredible makeovers. For more information on Chata, visit www.chataromano.com.

