

## Secret File Chata Romano, Image Consultant

*Sunday Times Newspaper*  
Written by Glen Headley

### **My favorite place:**

A remote island anywhere on planet Earth with absolutely no phones fax machines or modern technology and only my gorgeous husband, a tiny bikini, endless sunny days and a calm blue sea.

### **My favorite things:**

Being back in Cape Town! Never-ending Sundays that are cold and rainy, with the biggest fireplace in the world roaring next to me – and loads of chocolate, red wine, lots of yummy cheeses, a pile of videos and other things I couldn't possibly mention.

### **My least favorite thing:**

Waking up at 6.30am and going to the gym.

### **My worst habit:**

Thinking about 30 million things at the same time.

### **My best quality:**

Being optimistic, confident and happy.

### **My favorite people:**

Pumpkin, sweetheart, my love, gorgeous – all the nicknames rolled into one person, my husband. I know everyone says their favorite person is their husband or wife, but I really mean it. My friends who are really my friends.

### **My least favorite people:**

It's beyond me how people can be cruel to other human beings or animals. On a lighter note, people who eat popcorn with their mouths open and those who jump queues.

### **My most embarrassing moment:**

Which one? I used to bite my nails as a teenager and was impressed with the idea of false nails. I changed my mind when one of my fingernails caught alight while I was lighting the candles during a romantic dinner. My poor date got the fright of his life.

### **The meaning of life, as I see it:**

To do the best you can. Not what other people expect you to do, but within your own capabilities. This way, you will always be at peace with yourself.

### **I'd most like to be reincarnated as:**

A dolphin or an elephant in a free world.



Chata Romano will hold a workshop at Constantia Village Shopping Centre on Wednesday and Thursday. Proceeds will help to pay for a cochlear implant for 2½ year old Amy Swartz, who was born deaf. For details phone (021) 794-5065