



### About Jessica

Jessica Mack, 27, works in a law firm where most of her colleagues dress stylishly every day, and she tends to feel frumpy. Jessica says she has always been a bit of a tomboy and wanted a makeover that would give her a more elegant look for work, as she didn't know where to start.

# What to wear

Chata Romano gives tomboy, Jessica Mack, a sophisticated new look.

Chata chose clothes for Jessica that do wonders for her figure. The most important tip Chata gave Jessica was to make sure clothes fit the widest part of her body. She suggested Jessica buy one size bigger to accommodate her hips, then take the waist in. Jessica instantly looked a dress size smaller. "The clothes were very different – I would never have chosen them and felt really fab in the suit," says Jessica. "I love my new haircut: it's easy to maintain and quite versatile. My colleagues absolutely love my hair and the false eyelashes were a big hit!"



## Smart

The shawl collar gives a more feminine look than a structured jacket, and offers a great neckline for narrow shoulders. Monica jacket, \$220.

A sash or wide ribbon highlights a small waist.

Victorian oversized rings are very fashionable, but avoid them if you have short, wide hands. Target ring, \$12.95.

Tapered skirts are more slimming than wide A-line skirts. Country Road pencil skirt, \$179.

### Want a makeover?

To apply for a makeover for yourself, visit [www.notebookmagazine.com](http://www.notebookmagazine.com).

Ensure the front of your shoe is high enough to completely cover your toes (the sight of tops of toes can be ungainly). Zoe Wittner shoes, \$119.95.



## Evening

Want a fuller bust? Buy dresses with a built-in padded bra. Opt for a soft ruffle instead of a fitted dress if you have a rounded abdomen. La Voca dress, \$199.95.

Coordinate your accessories. Emma Page bracelet, \$102; Portmans ring, \$12.95; Jendi clutch, \$55.

Choose a mid-knee length if you have full knees (avoid wearing short skirts).

Paint your toenails a sassy red when wearing strappy evening shoes. Zu shoes, \$130.



## Casual

Choose a stylish shaped denim jacket with trendy stitching detail instead of a bulky oversized denim jacket. Trent Nathan at David Jones jacket, \$159.

Opt for a T-shirt in a fun, bright colour and team it with a smart bag to match. Sportscraft top, \$59.95.

Buy stretch pants a size bigger for a fabulous fit. Zambelli at David Jones pants, \$159.95.

Jendi bag, \$70.

Boots are an excellent winter investment. Choose a basic colour in brown or black for maximum usage. Jigsaw boots, \$399.



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### BEAUTY

Foundation smoothes the skin and disguises imperfections; applied properly it can make any complexion look healthy and flawless. Apply moisturiser first and allow it to absorb for five minutes, then apply foundation. To choose the correct colour, test the foundation on your jawline, not your hand, to ensure the colour matches your face, neck and chest. For Jessica, we used Laura Mercier foundation in Sheer Beige and highlighted her eyes with apricot shadow and M.A.C. lash extensions.



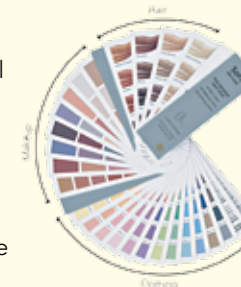
### HAIR

Jessica has a long, oval face, so her long hair made her face look even longer. Jessica's new cropped hairstyle immediately changed her look, shortening the length of her face to a more classic oval shape. Light golden shades of blonde complement Jessica's fair skin tone, giving it some warmth. Avoid pale ash-blonde shades if you have fair skin.



### Your personal colour chart

The Chata Romano Colour Chart is a personal hair, make-up and clothing chart. The chart includes: your 16 best hair colours, correct make-up colours (such as foundation and lipstick), 60 clothing colours, and jewellery colours. It's designed to fit in your handbag, so you can consult it when you shop. For more information, visit [www.chataromano.com](http://www.chataromano.com).



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Chata Romano is an international Image Consultancy that proudly empowers women through personal consultations, workshops and the makeover experience.

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Sydney: 1 – 4 June  
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- Cost: \$1,500 (includes consultation kit valued at \$500, comprehensive training manual, fabric swatches, full set of business and marketing templates, GST)

Contact  
Phone: (02) 9909 3922  
Email: [info@chataromano.com](mailto:info@chataromano.com)  
Website: [www.chataromano.com](http://www.chataromano.com)

### CHATA'S LATEST BOOK!



Chata's fourth book, *Change your Image, Change your Life*, is a 224-page personal makeover guide that offers proven advice on colour, hair and makeup, style and wardrobe management.

Available at all good book stores nationally and from Chata Romano consultants. Visit [www.chataromano.com](http://www.chataromano.com) for more details.